

**AVOID | RUN**

**DENY | HIDE**

**DEFEND | FIGHT**

This is about **YOUR SURVIVAL**



## Active Attack Training is about survival.

Failure to act quickly during an active attack event can leave you injured or killed.

The faster you decide to take action, the more likely you are to save your life and the lives of those around you.

Civilian Response to Active Shooter Events (CRASE) training will help you to quickly decide to take action by providing a strategy that develops your situational awareness and mental preparedness with a common sense approach to surviving an active attack event.

Run, Hide, Fight or Avoid, Deny, Defend - it doesn't matter what your survival strategy is called, the best strategy to save your life is always the same:

### AVOID | RUN:

- Pay attention to your surroundings.
- Have an exit plan.
- Move away from the source of the threat as quickly as possible.
- The more distance and barriers between you and the threat, the better.

### DENY | HIDE:

- Keep distance between you and the source.
- Create barriers to prevent or slow a threat from getting to you.
- Turn the lights off.
- Silence your phone, remain out of sight and quiet.

### DEFEND | FIGHT:

- If you cannot Avoid/Run or Deny/Hide, be prepared to defend yourself.
- Be aggressive and committed to your actions.
- Do not fight fairly. THIS IS ABOUT SURVIVAL.
- It's about going home safely to your loved ones.



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# WHAT TO DO WHEN

# LAW ENFORCEMENT

## ARRIVES:

### Remember to do the following when law enforcement personnel arrive:

- Remain calm and follow their instructions.
- Raise your hands immediately, make sure you are holding nothing.
- Keep both hands visible at all times.
- Avoid making quick movements toward officers.
- Avoid pointing, screaming or yelling.
- Do not stop to ask officers for help or directions.
- Calmly communicate information that would be helpful in locating the threat.



### If You See Something, Say Something®

If you see suspicious activity, contact local law enforcement.

## C.R.A.S.E.

Civilian Response to Active Shooter Events

Civilian Response to Active Shooter Events (CRASE) training helps to improve situational awareness and mental preparedness in the event of an active attack.

We are continually reminded that a response to an active attack event is often complicated and difficult. Awareness, planning and practice are keys to survival.

Recent incidents in 2018, including Marjory Stoneman Douglas High School in Parkland, Florida and Tree of Life Synagogue in Pittsburgh, Pennsylvania have demonstrated the need for preparedness and quick decision making in both first responder actions and victim response to the hostile action.

We strongly encourage participants to further discuss preparedness with their families, friends and colleagues.



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CRASE is a US Department of Justice-sanctioned training course developed by Advanced Law Enforcement Rapid Response Training (ALERRT).